

## **NORTH COUNTY HIGH SCHOOL EMERGENCY ACTION PLAN**

**LOCATION:** North County High School

**ADDRESS:** 10 1<sup>st</sup> Ave, Glen Burnie MD 21060

**PHONE:** (410) 222-6970

### **IMPORTANT PERSONNEL**

**EMS:** 911

**Certified Athletic Trainer:** Scott Spause (410) 903-4245

**Athletic Director:** Ryan Aleardi (717) 271-8090

**Assistant Athletic Director:** Shawn Behegan

**Team Physicians:** Milford Marchant, M.D. (Orthopedic Surgeon)

Jeffrey Mayer, M.D. (Primary Care Sports Medicine)

### **Participants in Emergency Action Plan:**

1. **Athletic Trainer-** when on-site, will ALWAYS act as primary care provider
2. **Head Coach/Coach in Charge-** If ATC is not on-site will initiate EAP
3. **Athletic Director-** Share responsibilities with coaches and will notify parents

### **AED Locations:**

ATC will always have an AED with them. If an ATC is not present the AED is in the indoors athletic training room closet, also an AED will be located in the outdoors athletic training room on top of locker 93. There are also AEDs located outside of each gym.

**New Gym Location:** Outside of the gym entrance door in white box on the wall

**Old Gym Location:** Outside of the left doors (next to the girls locker-room) in a white box on the wall

### **EMERGENCY CARE FACILITIES**

#### **1. Medstar Harbor Hospital**

(410) 350-3200 | 3001 Hanover Street, Baltimore, MD 21225

#### **2. Baltimore Washington Medical Center**

(410) 787-4000 | 301 Hospital Dr, Glen Burnie, MD 21061

#### **3. Shock Trauma Center**

(410) 328-9284 | 22 S Greene Street, Baltimore, MD 21201

## **Emergency Procedures**

### **Practice Procedures:**

1. ATC or Coach will activate EMS by calling 911 (ATC will give any pertinent medical care)
2. Coach and/or administrator will relay important info to EMS (one will also retrieve AED if necessary)
3. Coaches and/or administrator will be directed to meet EMS for whichever location
4. ATC will remain with the injured person while EMS is arriving
5. When the athlete is being transported he/she must be accompanied by a parent or designated coach.
6. All information should be relayed to the Athletic Director, nurse, and parents

### **Game Day Procedures:**

1. A Coach will be instructed to contact the AD, Assistant AD, or Administrator and relay pertinent information (injury, location of athlete, etc.)
2. The AD, Assistant AD, or Administrator will activate EMS and relay information
3. ATC will remain with the athlete and provide pertinent medical care until EMS arrives
4. A designated staff member will meet EMS according to location and direct them to the injured athlete. (See direction page)
5. When the athlete is being transported, he/she must be accompanied by a parent or designated coach.

## **Heat Illness Policies and Procedures**

### **Exertional Heat Stroke:**

Signs/symptoms:

- Severe disorientation (CNS Dysfunction)
- Full body cramps
- Slurred speech
- Unresponsiveness
- Deteriorating vital signs
- Body core temperature > 105 °F

### **If EHS is suspected:**

1. Immediately activate EMS
2. Athlete should be safely transferred into cold tub (Outside of the new field house. Between the boys and girls locker rooms)
3. If ATC is present they will perform a rectal thermometer assessment (located in the outside athletic training room, in the left most cabinet above the sink)

## **Severe Orthopedic Trauma Policy and Procedure**

### **In a Severe Orthopedic Trauma Case:**

1. Call EMS immediately. Activating the EAP
2. The affected area should be stabilized by vacuum splint (located in the outside ATR locker 97. Or on the sideline of football games.), SAM splints (located in the ATCs kit), or by the provider. Crutches will be on the sideline during games.
3. The patient should remain where they are until EMS arrives for transport.
4. The provider should recurrently monitor distal pulses until EMS arrives.

### **When an ATC is NOT Present:**

1. Complete primary survey and assess patient.
2. Call 911 first if alone and give relevant information
3. Perform immediate first-aid/CPR on student-athlete as required
4. If possible, have another coach, or event staff member activate EMS by calling 911
5. Contact Athletic Director to properly guide EMS to correct location.

### **Orthopedic Trauma Signs and Symptoms:**

- Obvious deformity
- Loss of distal pulse/blood flow
- Uncontrollable blood loss
- Complete loss of function

## **Cardiac Emergency Policy and Procedure**

### **Signs and Symptoms of a Cardiac Emergency:**

- The person is not moving, or is unresponsive, or appears to be unconscious, not breathing normally (has irregular breaths, gasping or gurgling, or is not breathing at all), The person appears to be having a seizure or is experiencing convulsion-like activity. (Cardiac arrest victims commonly appear to be having convulsions).

### **In the case of a Cardiac Emergency:**

1. Call 911 immediately and provide all relevant information including address, severity, and provider name.
2. Begin CPR/Chest compressions as someone retrieves the AED.
3. Once the AED has arrived on scene, turn the AED on and place the pads in the appropriate positions. Follow the instructions given by the AED. Continue CPR.

4. Transition care to EMS once present on scene.
5. Actions to be taken by Administrative Staff:
  - a. Confirm 911 has been called, call immediately if not yet done.
  - b. Confirm exact location and condition of patient
  - c. Crowd control
  - d. Ensure Staff member is at the specified locations to guide EMS to the location of the athlete.
  - e. Notify patients emergency contact while care is being provided by the ATC.

### **Rectal Thermometer Procedure:**

1. When ATC is on site:
  - a. EMS will be activated. With help of designated support staff, the athlete will be placed on their side, lower garments removed to the point of exposure of buttocks and draped. The athlete's knees should be as close to the chest as possible and the probe will be inserted by ATC or physician.
  - b. The athlete will be transferred to a cold tub (Located outside of fieldhouse) immediately following the temperature reading. The athlete's entire body except for the head and neck should be immersed in the cold tub.
  - c. The athlete's vitals should be monitored every 5-10 minutes
  - d. The athlete must remain in the cold tub until the body temp reaches 102<sup>0</sup>

### **AACPS Heat Guidelines**

As needed, AACPS central office staff may issue county-wide heat restrictions in accordance with the heat index chart below. Any such county-wide restriction will be sent to athletic administrators for consistent implementation at all school sites. It is noted that measurements taken at different facilities/fields at the same school site may result in different heat indexes (example: turf fields tend to have a higher heat index than grass fields). It is expected that athletic directors, in consultation with trainers and coaches, will monitor the heat index at their school site. Any school may implement additional, more stringent guidelines above and beyond what the county issues if the circumstances at their facility warrant such additional precautions. Athletic Trainer and Coaches are to follow specific guidelines indicated of each code. (please refer to the AACPS website for specific guidelines)

### **North County Lightning Guidelines**

1. In the event that the lightning detection system is activated, all student athletes will be directed to the closest indoor facility. Players will remain indoors until directed otherwise by the athletic trainer or administrator.
2. Spectators will be directed to their vehicles
3. A 30-minute clock, regulated by the county, will be started at the first sight/sound of thunder and lightning. The clock will be reset after every sound/sight.
4. Play will resume approximately 30 minutes following the last sight/sound of thunder and lightning.

### **AACPS Head Injury Policies and Procedures**

A concussion is a type of traumatic brain injury causing an immediate and, usually short-lived change in mental status or an alternation of normal consciousness resulting from a bump, blow, jolt, shaking or spinning of the head or body.

Concussions do not always involve a loss of consciousness. ANY traumatic blow to the head or to another part of the body (which causes a whiplash effect to the head) should be considered as a mechanism of concussion injury. While headache is the most common symptom of concussion, all people will experience concussion differently. Therefore, all of the potential signs and symptoms of concussion should be considered.

**In the event an athlete sustains a head injury the following management steps will be followed.**

1. The patient will be immediately removed from activity for the remainder of the day.
2. If there is a loss of consciousness for any amount of time, the athlete should be transported to the nearest emergency medical facility.
3. If the athlete's condition deteriorates or fails to improve, the athlete will be transported to the nearest emergency medical facility.
4. The Athletic Director and Nurse are to be notified of concussion
5. If the athletic trainer is not on site, the athlete should be taken to the nearest medical facility for evaluation and the AT and Athletic Director should be notified.
6. Regardless of the severity of the injury, an athlete that displays the signs and symptoms of a concussion, the patient must see a concussion health care provider and must have written clearance to start return to play protocol.
7. The Athletic Trainer has the final say in return to play determination.
8. Return Pay Criteria
  - a. Must be symptom free for 24 hours without pain medication to move past Day 1 on the following return to play program.

- b. The athlete must remain symptom free in order to move on to the next stage and may only move one stage per 24 hours.

**Day 1:** Low levels of physical activity include walking, light jogging, light stationary biking, and light weightlifting.

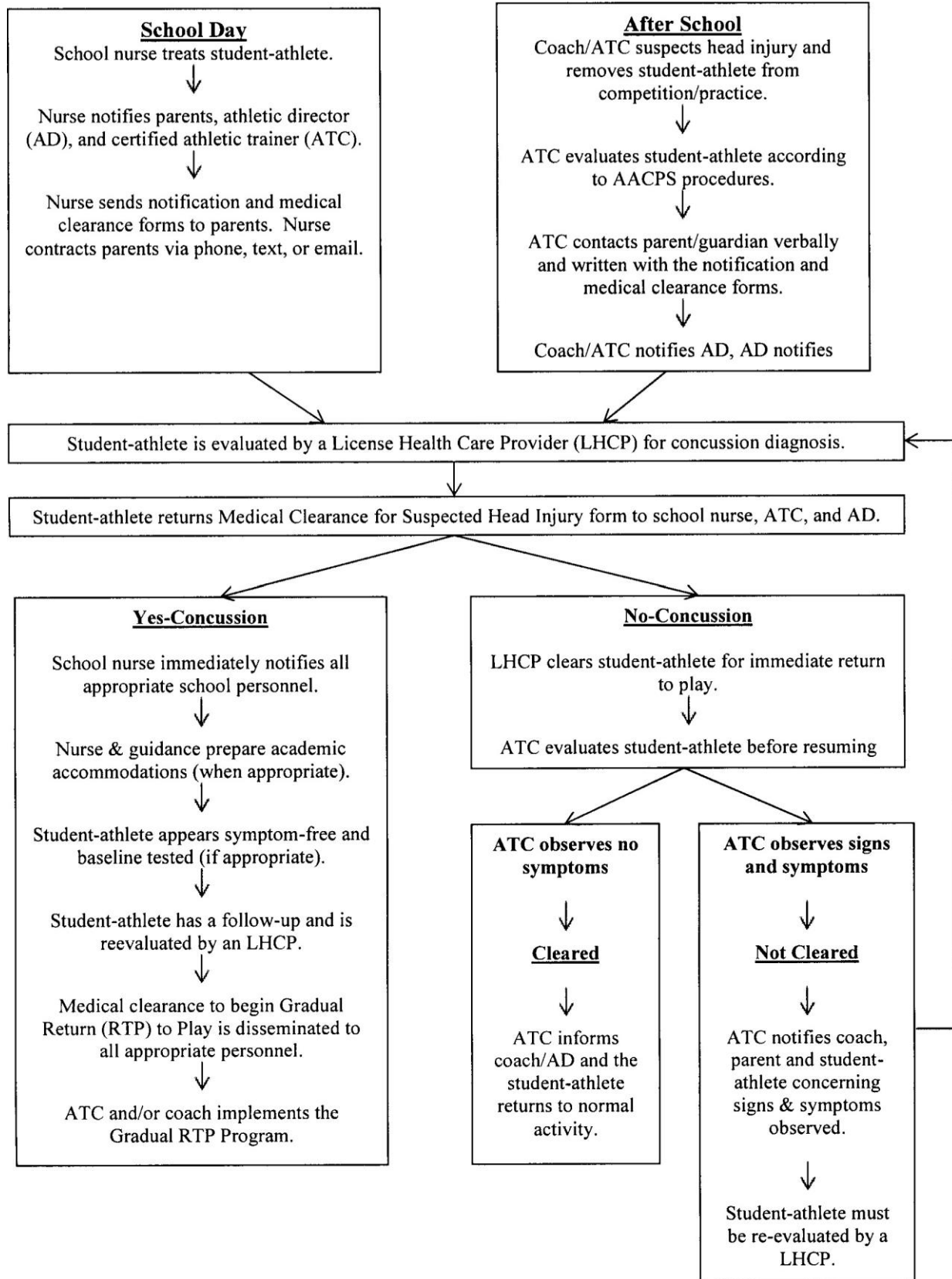
**Day 2:** Moderate levels of physical activity with body/head movement. This includes moderate jogging, brief running, moderate intensity on the stationary cycle, and moderate intensity weightlifting.

**Day3:** Heavy non-contact physical activity. This includes sprinting/running, high intensity stationary cycling, completing the regular lifting routine, and non- contact sport specific drills. iv. Day 4: Sports Specific practice

**Day 5:** Full contact in a controlled drill or practice.

**Day 6:** Return to competition

**PLEASE NOTE: The Athletic Training Staff and Team Physicians will make the final determination regarding the return to play.**



## **North County High School Cervical Spine Injury Policies and Procedures**

### **Cervical Spine Injury Guidelines**

1. Identify rescuer team and roles of each rescuer at the beginning of the season and review before every game.
2. Equipment removal supplies and locations:
  - a. Electric Screw Driver— (1) Large Field Medical Kit, (1) ATC Waist Field Medical pack
  - b. Manual Screw Driver— (1) Large Field Medical Kit
  - c. Pruning Sheers for Helmet Removal — (1) ATC Waist Field Medical Kit
  - d. Pencil for Riddell Helmet Clip Removal — (1) ATC Waist Field Medical Kit

### **Football and Lacrosse Cervical Spine Injury Procedures**

1. Assess ABCs and Severity of injury
2. Activate EMS
3. Stabilize Cervical Spine
4. If supine, begin equipment removal process if warranted.
5. If prone, log roll with 4-person push or pull mechanism and then begin equipment removal if warranted.
6. The athlete's facemask should ALWAYS be removed to be able to access the airway in care of emergency.
7. Equipment removal involves 3 rescuers
  - a. Rescuer 1 — Remains at the head at all times
  - b. Rescuer 2 — Helmet Clips, Screw, and Facemask removal, Cut Chin Strap
  - c. Rescuer 3 —T-Cut Jersey, Cut pads in necessary places (i.e. strings, straps)
8. Helmet removal
  - a. Stabilization is transferred to the Rescuer 2
  - b. Stabilization Techniques:
    - i. From the side with placing one hand on the athlete's occiput and the other hand on the athlete's chin.
    - ii. Over top the athlete by placing hands on both sides of the head at the ear and around to the occiput.
9. Shoulder Pad Removal and Spine Board Placement
  - a. 8 Man Lift Technique.
  - b. Shoulder pads are be pushed down and slid out from underneath the athlete.
  - c. Spine Board is slid up from the athlete's feet to the knees of Rescuer 1.



### **Documentation of Incidents**

All Coaches are required to thoroughly document each emergency incident. These incidents should be documents on the AACPS Standard Student Accident Report. When completed, a copy of the report should be given to the Athletic Director and the Head Athletic Trainer. The Head Athletic Trainer will also write a thorough report in their documenting system.

**THE EMERGENCY ACTION PLAN SHOULD BE  
REVIEWED ANNUALLY WITH ALL COACHES AND  
STAFF**

## **Directions and Ambulance Access Points**

### **New Gym:**

- The ambulance will turn onto 1<sup>st</sup> Ave and stay to the left towards the high school. A designated staff member will meet EMS outside at the top of the parking lot. The designated staff member will then direct the ambulance to the left side of the building and enter through the side doors facing the tennis courts.

### **Old Gym:**

- The ambulance will turn onto 1<sup>st</sup> Ave and stay to the left towards the high school. A designated staff member will meet EMS outside at the top of the parking lot. The staff member will direct the ambulance to pull straight ahead to the doors facing the parking lot and then directed to the injured person.

### **Baseball (Varsity)**

- The ambulance will turn onto 1<sup>st</sup> Ave and stay to the right towards the elementary school. A designated staff member will meet EMS in front of the softball field and will direct them to the baseball field. Ambulance will enter through the left field gate, which is unlocked by the silver “100” key carried by the ATC and AD.

### **Baseball (JV)**

- The ambulance will turn onto 1<sup>st</sup> Ave and stay to the left towards the high school. A designated staff member will meet EMS in front of the softball field and direct them to the left side of the baseball field.

### **Softball**

- The ambulance will turn onto 1<sup>st</sup> Ave and stay straight to the softball field. A designated staff member will meet EMS outside of the field to direct them to the injured person. Ambulance will enter through the left field gate, which is unlocked by the silver “100” key carried by the ATC and AD.

### **Stadium/Bermuda**

- The ambulance will turn onto 1<sup>st</sup> Ave and stay to the left towards the high school. One designated staff member will meet EMS at the top of the parking lot (softball field). They will direct them to stay to the right where another designated staff member will meet them at the top entrance to the turf. The staff member will direct them down to the entrance and to the injured person.

### **Upper New Turf Field**

- The ambulance will turn onto 1<sup>st</sup> Ave and take the first right turn before entering the main parking lot. One designated staff member will be at the previously described turn to guide the ambulance down to the field. While construction continues, the ambulance will be directed down the service road located near the stadium.

## **Tennis Courts**

- The ambulance will turn onto 1<sup>st</sup> Ave and continue to the left towards the high school. A designated person will meet EMS at the top of the parking lot and direct them to the left side of the school. Another designated person will meet them at the court and direct them to the injured person.

## **Modes Of Communication**

**Practice:** All members of the NC staff and ATC will communicate with each other via phone.

**Games/Scrimmages:** All members of NC staff and ATC will communicate with each other via radio set to channel 1. Phones will be used as a backup method of communication in the case of technical difficulties with the radios.

# **NORTH COUNTY HIGH SCHOOL EMERGENCY ACTION PLAN**

## **New Gymnasium**

**ADDRESS:** 10 1<sup>st</sup> Ave, Glen Burnie MD 21060

**PHONE:** (410) 222-6970

### **Emergency Procedures**

#### **Practice Procedures:**

1. ATC or Coach will activate EMS by calling 911 (ATC will give any pertinent medical care)
2. Coach and/or administrator will relay important info to EMS (one will also retrieve AED if necessary)
3. Coaches and/or administrator will be directed to meet EMS for whichever location
4. ATC will remain with the injured person while EMS is arriving
5. When the athlete is being transported he/she must be accompanied by a parent or designated coach.
6. All information should be relayed to the Athletic Director, nurse, and parents

#### **Game Day Procedures:**

1. A Coach will be instructed to contact the AD, Assistant AD, or Administrator and relay pertinent information (injury, location of athlete, etc.)
2. The AD, Assistant AD, or Administrator will activate EMS and relay information
3. ATC will remain with the athlete and provide pertinent medical care until EMS arrives
4. A designated staff member will meet EMS according to location and direct them to the injured athlete.
5. When the athlete is being transported he/she must be accompanied by a parent or designated coach.

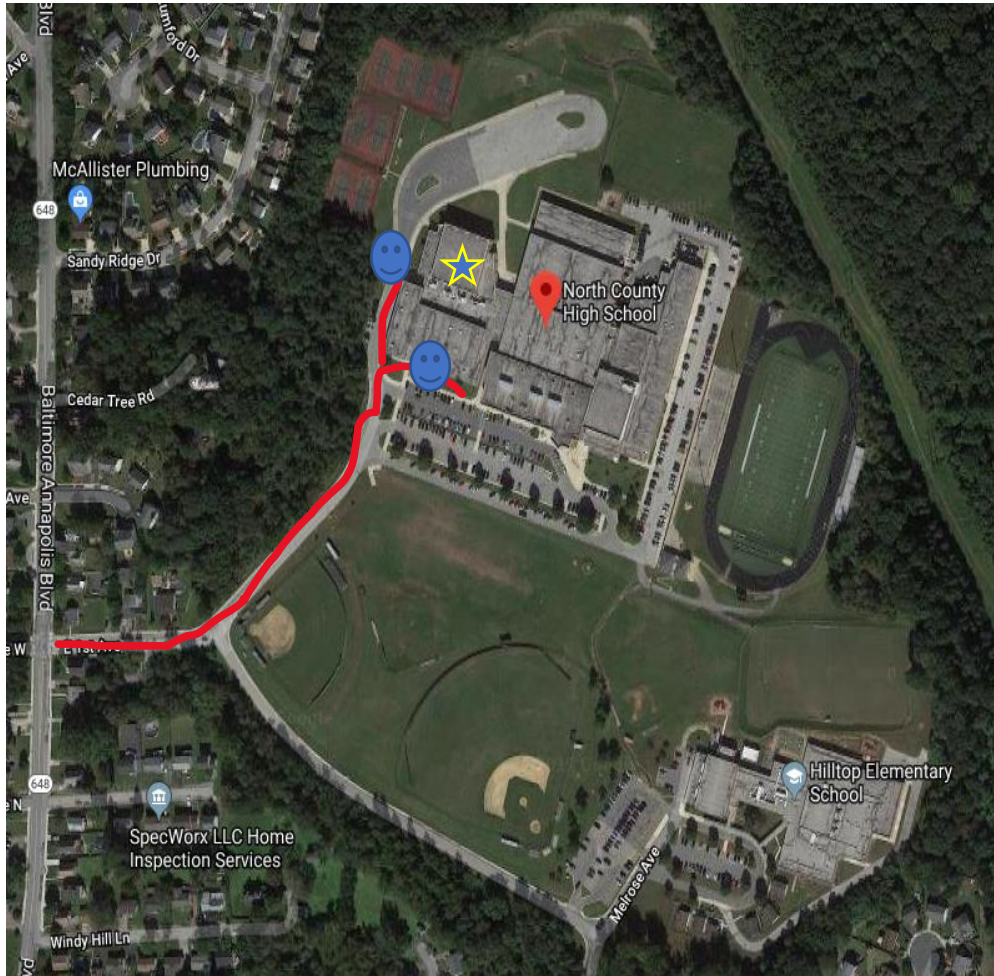
### **Directions and Ambulance Access Point**

#### **New Gym:**

- The ambulance will turn onto 1<sup>st</sup> Ave and stay to the left towards the high school. A designated staff member will meet EMS outside at the top of the parking lot. The designated staff member will then direct the ambulance to the left side of the building and enter through the side doors facing the tennis courts.

**AED Location:** Outside of the gym, in the Lobby on wall to the left.

## New Gymnasium



= Designated person meeting the ambulance

## NORTH COUNTY HIGH SCHOOL EMERGENCY ACTION PLAN

## **Old Gymnasium**

**ADDRESS:** 10 1<sup>st</sup> Ave, Glen Burnie MD 21060

**PHONE:** (410) 222-6970

### **Emergency Procedures**

#### **Practice Procedures:**

1. ATC or Coach will activate EMS by calling 911 (ATC will give any pertinent medical care)
2. Coach and/or administrator will relay important info to EMS (one will also retrieve AED if necessary)
3. Coaches and/or administrator will be directed to meet EMS for whichever location
4. ATC will remain with the injured person while EMS is arriving
5. When the athlete is being transported he/she must be accompanied by a parent or designated coach.
6. All information should be relayed to the Athletic Director, nurse, and parents

#### **Game Day Procedures:**

1. A Coach will be instructed to contact the AD, Assistant AD, or Administrator and relay pertinent information (injury, location of athlete, etc.)
2. The AD, Assistant AD, or Administrator will activate EMS and relay information
3. ATC will remain with the athlete and provide pertinent medical care until EMS arrives
4. A designated staff member will meet EMS according to location and direct them to the injured athlete.
5. When the athlete is being transported he/she must be accompanied by a parent or designated coach.

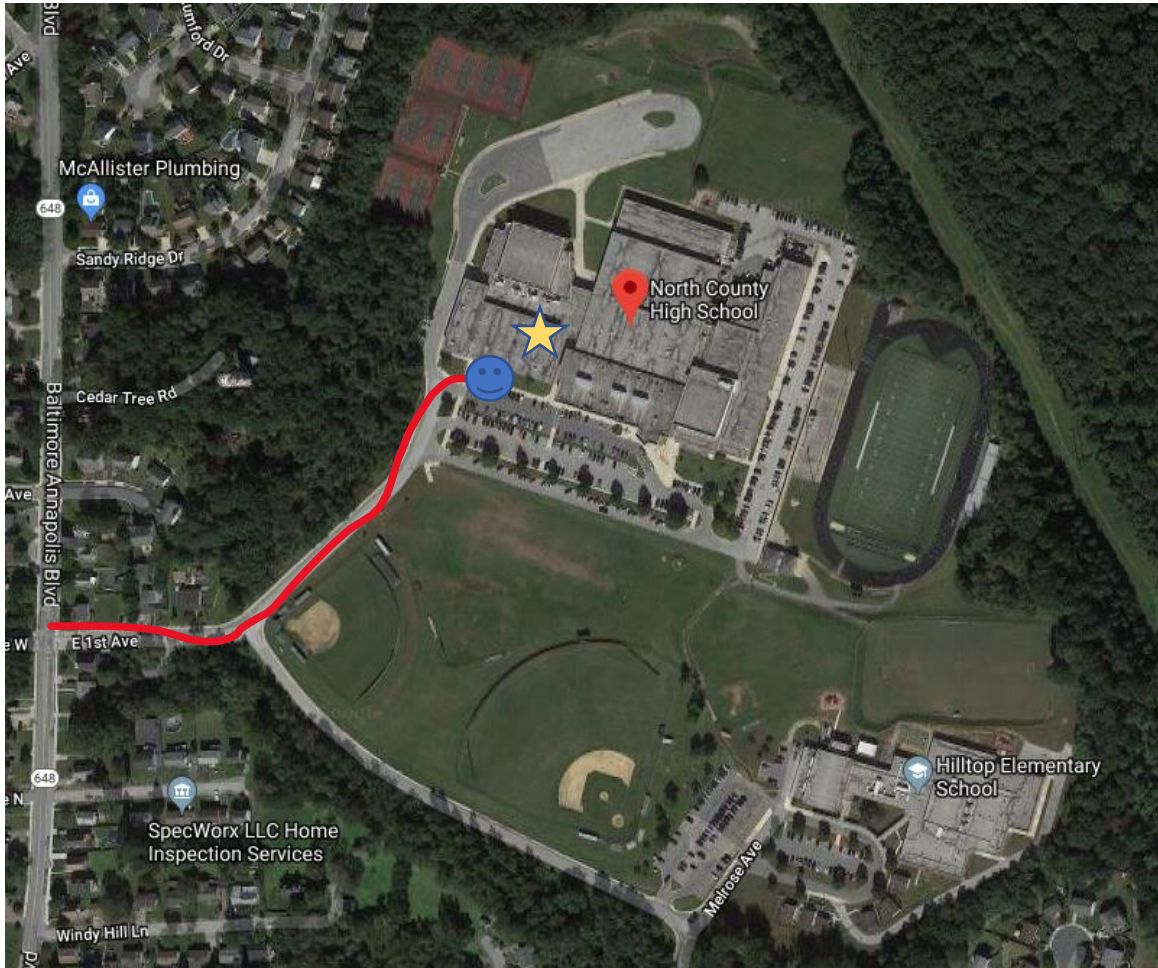
### **Directions and Ambulance Access Point**

#### **Old Gym:**

- The ambulance will turn onto 1<sup>st</sup> Ave and stay to the left towards the high school. A designated staff member will meet EMS outside at the top of the parking lot. The staff member will direct the ambulance to pull straight ahead to the red doors facing the parking lot and then directed to the injured person.

**AED Location:** In the Lobby by the New gym

## Old Gymnasium



= Designated person meeting the ambulance

## NORTH COUNTY HIGH SCHOOL EMERGENCY ACTION PLAN Baseball Varsity Field

**ADDRESS:** 10 1<sup>st</sup> Ave, Glen Burnie MD 21060

**PHONE:** (410) 222-6970

## **Emergency Procedures**

### **Practice Procedures:**

1. ATC or Coach will activate EMS by calling 911 (ATC will give any pertinent medical care)
2. Coach and/or administrator will relay important info to EMS (one will also retrieve AED if necessary)
3. Coaches and/or administrator will be directed to meet EMS for whichever location
4. ATC will remain with the injured person while EMS is arriving
5. When the athlete is being transported he/she must be accompanied by a parent or designated coach.
6. All information should be relayed to the Athletic Director, nurse, and parents

### **Game Day Procedures:**

1. A Coach will be instructed to contact the AD, Assistant AD, or Administrator and relay pertinent information (injury, location of athlete, etc.)
2. The AD, Assistant AD, or Administrator will activate EMS and relay information
3. ATC will remain with the athlete and provide pertinent medical care until EMS arrives
4. A designated staff member will meet EMS according to location and direct them to the injured athlete.
5. When the athlete is being transported he/she must be accompanied by a parent or designated coach.

## **Directions and Ambulance Access Point**

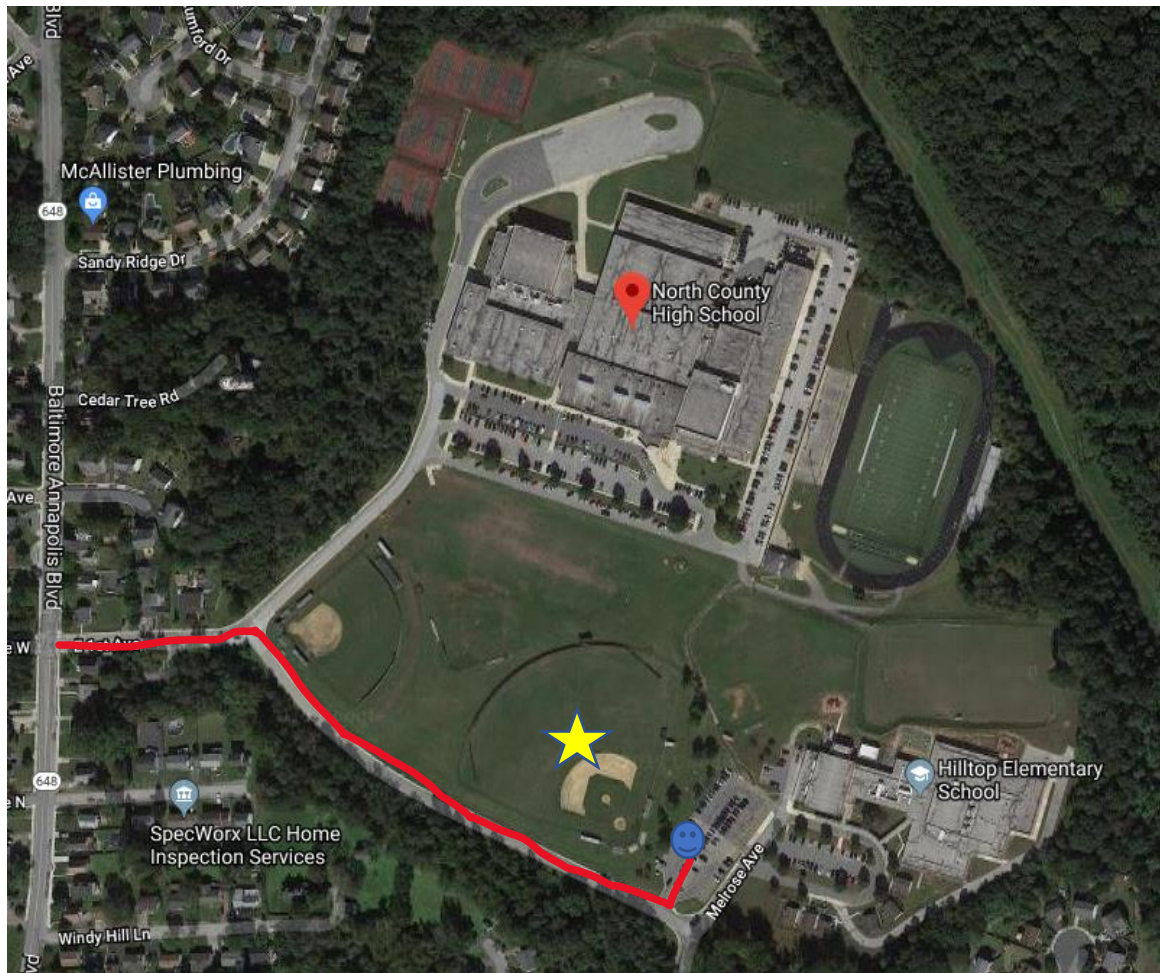
### **Baseball (Varsity)**

- The ambulance will turn onto 1<sup>st</sup> Ave and stay to the right towards the elementary school. A designated staff member will meet EMS in front of the softball field and will direct them to the baseball field.

**AED Location:** In the outside athletic training office, or with the athletic trainer.



## Baseball Varsity Field



= Designated person meeting the ambulance

## NORTH COUNTY HIGH SCHOOL EMERGENCY ACTION PLAN

## **Baseball JV Field**

**ADDRESS:** 10 1<sup>st</sup> Ave, Glen Burnie MD 21060

**PHONE:** (410) 222-6970

### **Emergency Procedures**

#### **Practice Procedures:**

1. ATC or Coach will activate EMS by calling 911 (ATC will give any pertinent medical care)
2. Coach and/or administrator will relay important info to EMS (one will also retrieve AED if necessary)
3. Coaches and/or administrator will be directed to meet EMS for whichever location
4. ATC will remain with the injured person while EMS is arriving
5. When the athlete is being transported he/she must be accompanied by a parent or designated coach.
6. All information should be relayed to the Athletic Director, nurse, and parents

#### **Game Day Procedures:**

1. A Coach will be instructed to contact the AD, Assistant AD, or Administrator and relay pertinent information (injury, location of athlete, etc.)
2. The AD, Assistant AD, or Administrator will activate EMS and relay information
3. ATC will remain with the athlete and provide pertinent medical care until EMS arrives
4. A designated staff member will meet EMS according to location and direct them to the injured athlete.
5. When the athlete is being transported he/she must be accompanied by a parent or designated coach.

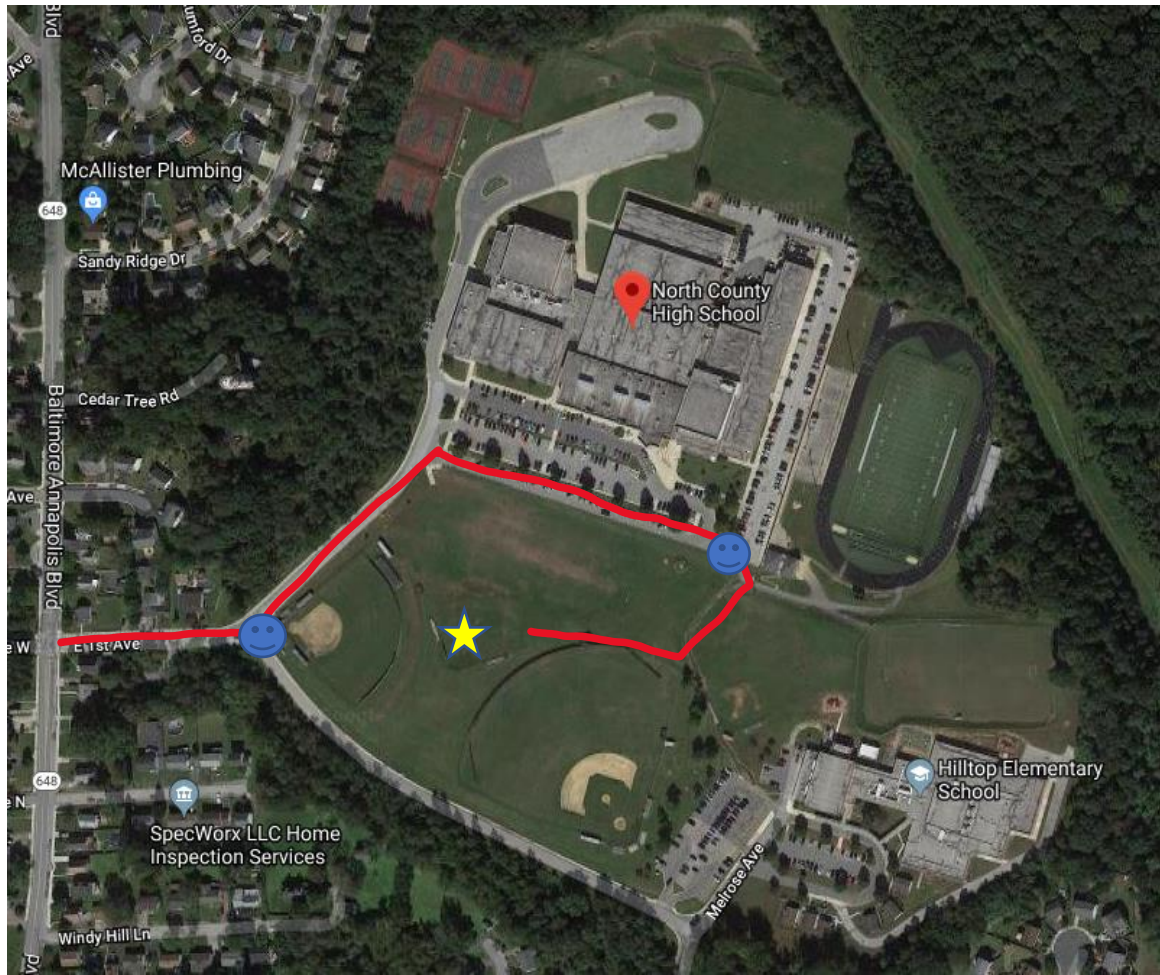
### **Directions and Ambulance Access Point**

#### **Baseball (JV)**

- The ambulance will turn onto 1<sup>st</sup> Ave and stay to the left towards the high school. A designated staff member will meet EMS in front of the softball field. The ambulance will be directed towards the turf field path, where another designated person will meet them, and will then drive across the football grass field. JV Baseball field is not currently in use for athletic events as of August 2023.

**AED Location:** In the outside athletic training office, or with the athletic trainer.

## Baseball JV Field



= Designated person meeting the ambulance

## NORTH COUNTY HIGH SCHOOL EMERGENCY ACTION PLAN Softball Field

**ADDRESS:** 10 1<sup>st</sup> Ave, Glen Burnie MD 21060

**PHONE:** (410) 222-6970

## **Emergency Procedures**

### **Practice Procedures:**

1. ATC or Coach will activate EMS by calling 911 (ATC will give any pertinent medical care)
2. Coach and/or administrator will relay important info to EMS (one will also retrieve AED if necessary)
3. Coaches and/or administrator will be directed to meet EMS for whichever location
4. ATC will remain with the injured person while EMS is arriving
5. When the athlete is being transported he/she must be accompanied by a parent or designated coach.
6. All information should be relayed to the Athletic Director, nurse, and parents

### **Game Day Procedures:**

1. A Coach will be instructed to contact the AD, Assistant AD, or Administrator and relay pertinent information (injury, location of athlete, etc.)
2. The AD, Assistant AD, or Administrator will activate EMS and relay information
3. ATC will remain with the athlete and provide pertinent medical care until EMS arrives
4. A designated staff member will meet EMS according to location and direct them to the injured athlete.
5. When the athlete is being transported he/she must be accompanied by a parent or designated coach.

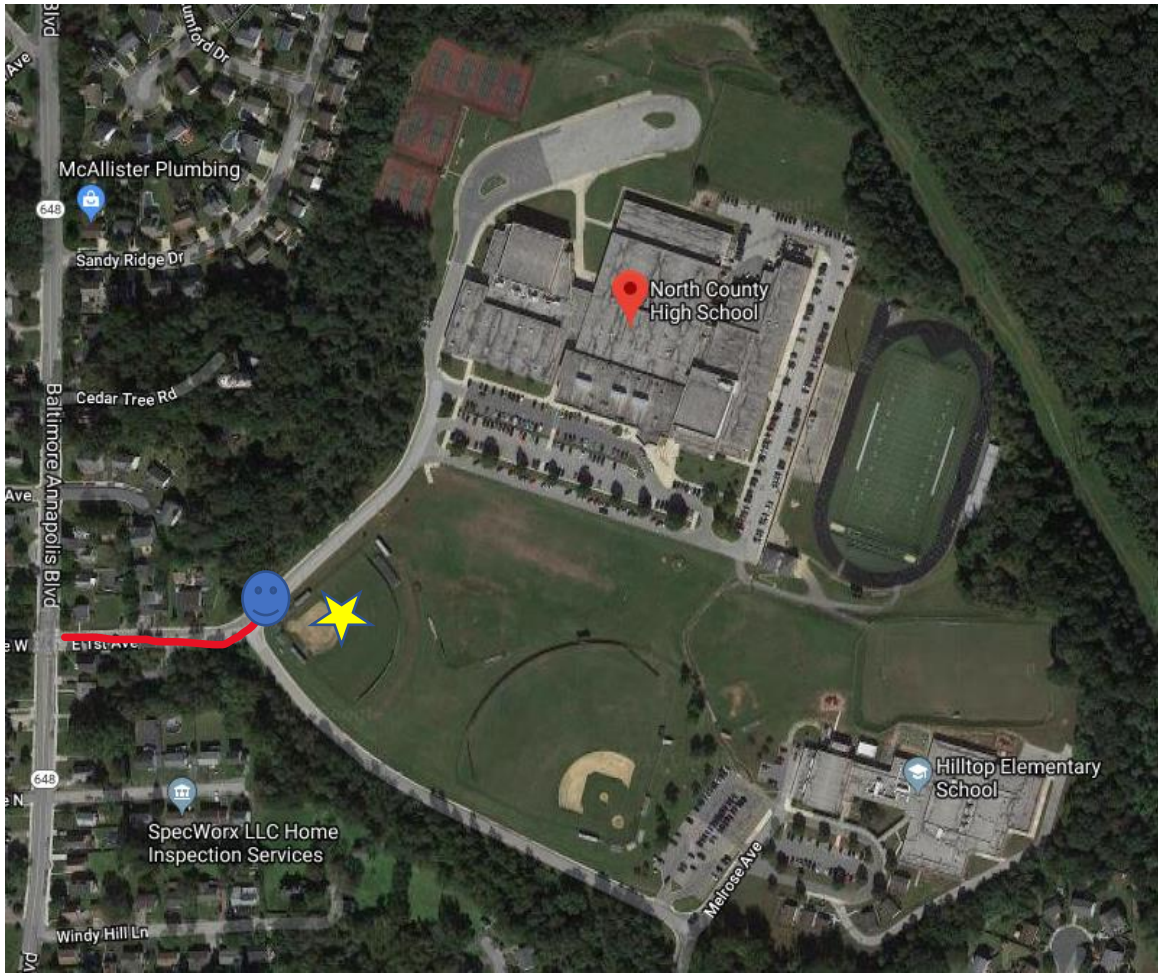
## **Directions and Ambulance Access Point Softball**

- The ambulance will turn onto 1<sup>st</sup> Ave and stay straight to the softball field. A designated staff member will meet EMS outside of the field to direct them through the 3<sup>rd</sup> base dugout and to the injured person.

**AED Location:** In the outside athletic training office above locker 93, or with the athletic trainer.



## Softball Field



= Designated person meeting the ambulance

# **NORTH COUNTY HIGH SCHOOL EMERGENCY ACTION PLAN**

## **Stadium/Bermuda Field**

**ADDRESS:** 10 1<sup>st</sup> Ave, Glen Burnie MD 21060

**PHONE:** (410) 222-6970

### **Emergency Procedures**

#### **Practice Procedures:**

1. ATC or Coach will activate EMS by calling 911 (ATC will give any pertinent medical care)
2. Coach and/or administrator will relay important info to EMS (one will also retrieve AED if necessary)
3. Coaches and/or administrator will be directed to meet EMS for whichever location
4. ATC will remain with the injured person while EMS is arriving
5. When the athlete is being transported he/she must be accompanied by a parent or designated coach.
6. All information should be relayed to the Athletic Director, nurse, and parents

#### **Game Day Procedures:**

1. A Coach will be instructed to contact the AD, Assistant AD, or Administrator and relay pertinent information (injury, location of athlete, etc.)
2. The AD, Assistant AD, or Administrator will activate EMS and relay information
3. ATC will remain with the athlete and provide pertinent medical care until EMS arrives
4. A designated staff member will meet EMS according to location and direct them to the injured athlete.
5. When the athlete is being transported he/she must be accompanied by a parent or designated coach.

### **Directions and Ambulance Access Point**

#### **Stadium/Bermuda**

- The ambulance will turn onto 1<sup>st</sup> Ave and stay to the left towards the high school. One designated staff member will meet EMS at the top of the parking lot (softball field). They will direct them to stay to the right where another designated staff member will meet them at the top entrance to the turf. If there are any athletic teams on the turf the gates are ALWAYS unlocked. The staff member will direct them down the entrance and to the injured person.

**AED Location:** In the outside athletic training office on top of locker 93, in the stadium press box, or with the athletic trainer.

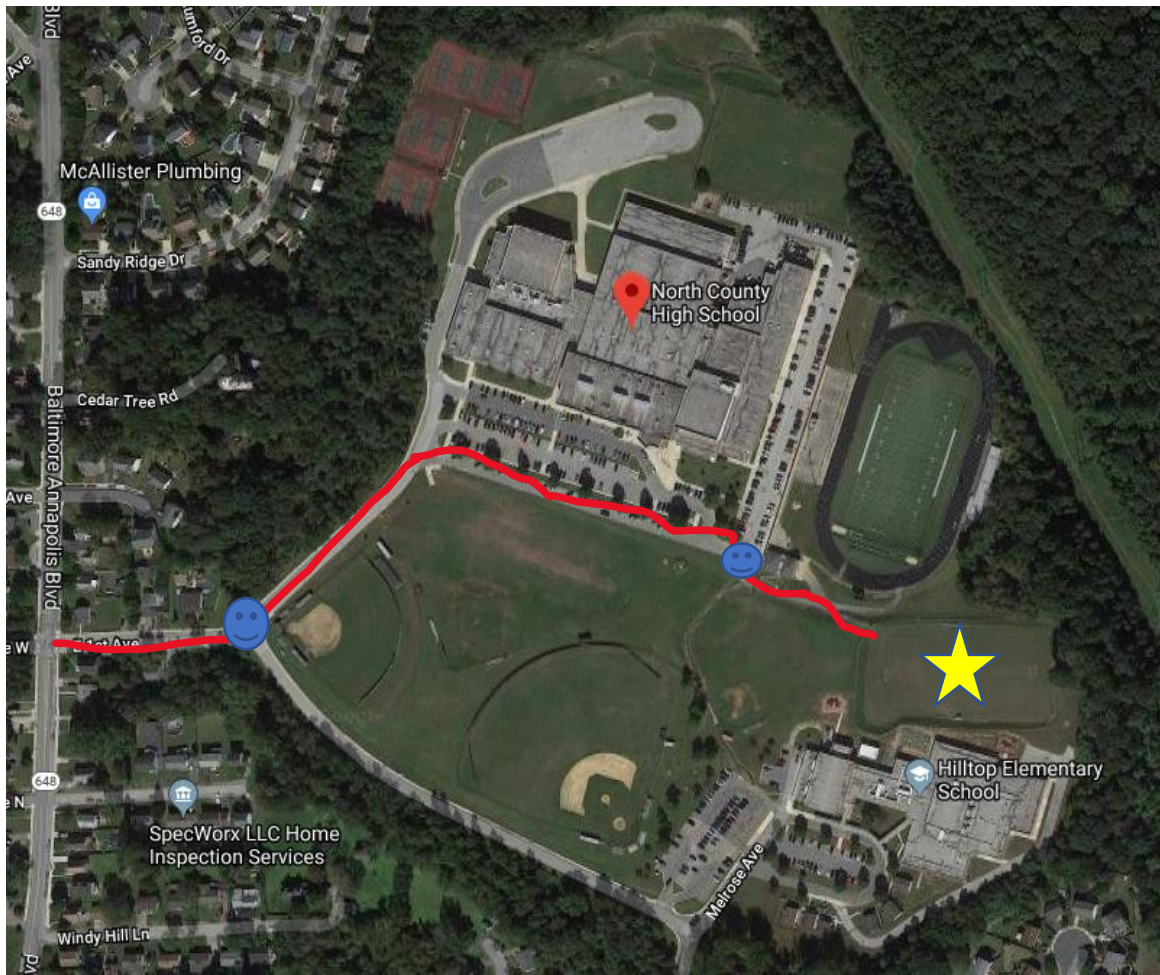
## Stadium Field



= Designated person meeting the ambulance



## Bermuda Field



= Designated person meeting the ambulance



## **NORTH COUNTY HIGH SCHOOL EMERGENCY ACTION PLAN**

### **Tennis Courts**

**ADDRESS:** 10 1<sup>st</sup> Ave, Glen Burnie MD 21060

**PHONE:** (410) 222-6970

### **Emergency Procedures**

#### **Practice Procedures:**

1. ATC or Coach will activate EMS by calling 911 (ATC will give any pertinent medical care)
2. Coach and/or administrator will relay important info to EMS (one will also retrieve AED if necessary)
3. Coaches and/or administrator will be directed to meet EMS for whichever location
4. ATC will remain with the injured person while EMS is arriving
5. When the athlete is being transported he/she must be accompanied by a parent or designated coach.
6. All information should be relayed to the Athletic Director, nurse, and parents

#### **Game Day Procedures:**

1. A Coach will be instructed to contact the AD, Assistant AD, or Administrator and relay pertinent information (injury, location of athlete, etc.)
2. The AD, Assistant AD, or Administrator will activate EMS and relay information
3. ATC will remain with the athlete and provide pertinent medical care until EMS arrives
4. A designated staff member will meet EMS according to location and direct them to the injured athlete.
5. When the athlete is being transported, he/she must be accompanied by a parent or designated coach.

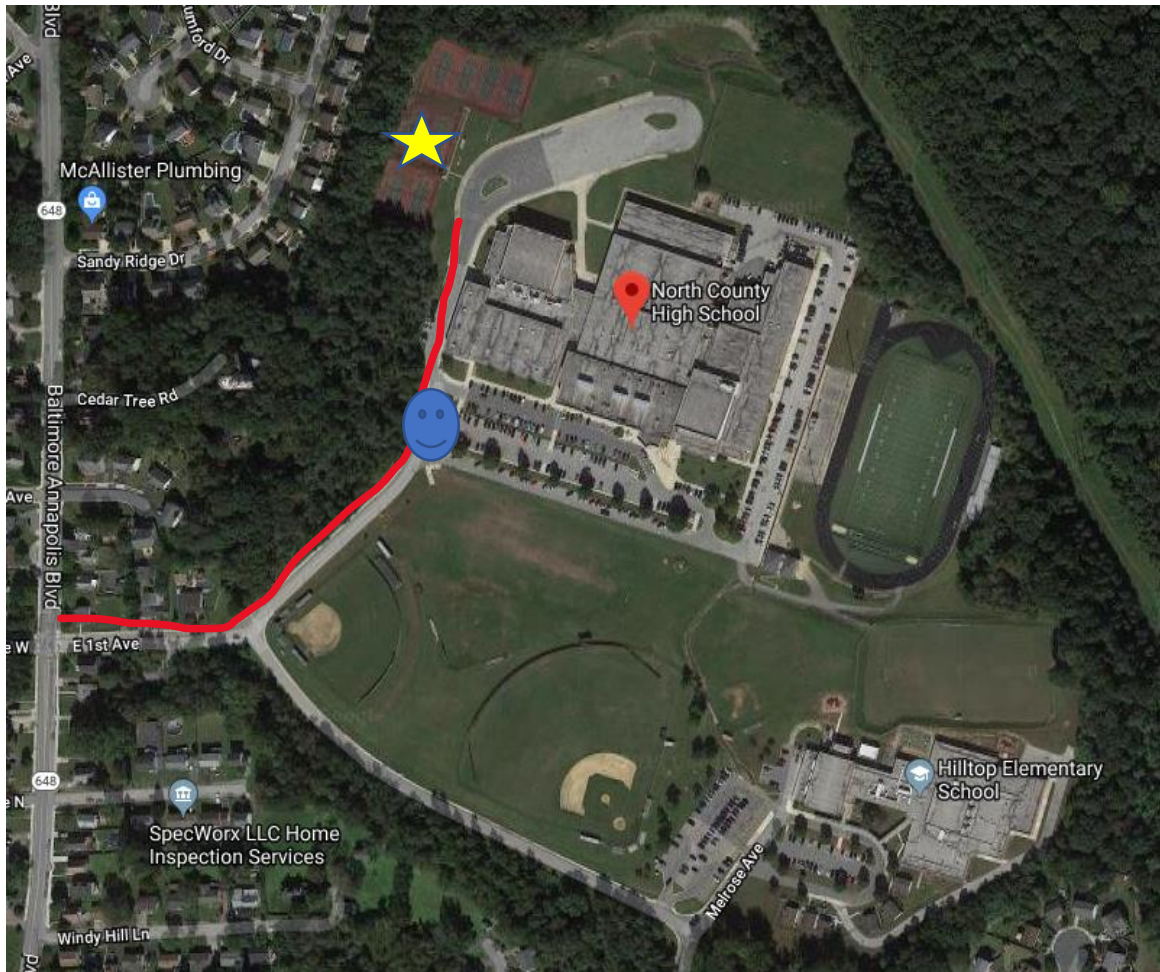
### **Directions and Ambulance Access Point**

#### **Tennis Courts**

- The ambulance will turn onto 1<sup>st</sup> Ave and continue to the left towards the high school. A designated person will meet EMS at the top of the parking lot and direct them to the left side of the school. Another designated person will meet them at the court and direct them to the injured person.

**AED Location:** In the outside athletic training office on top of locker 93, or with the athletic trainer.

## Tennis Courts



= Designated person meeting the ambulance

# **NORTH COUNTY HIGH SCHOOL EMERGENCY ACTION PLAN**

## **Upper New Turf Field**

**ADDRESS:** 10 1<sup>st</sup> Ave, Glen Burnie MD 21060

**PHONE:** (410) 222-6970

### **Emergency Procedures**

#### **Practice Procedures:**

7. ATC or Coach will activate EMS by calling 911 (ATC will give any pertinent medical care)
8. Coach and/or administrator will relay important info to EMS (one will also retrieve AED if necessary)
9. Coaches and/or administrator will be directed to meet EMS for whichever location
10. ATC will remain with the injured person while EMS is arriving
11. When the athlete is being transported he/she must be accompanied by a parent or designated coach.
12. All information should be relayed to the Athletic Director, nurse, and parents

#### **Game Day Procedures:**

6. A Coach will be instructed to contact the AD, Assistant AD, or Administrator and relay pertinent information (injury, location of athlete, etc.)
7. The AD, Assistant AD, or Administrator will activate EMS and relay information
8. ATC will remain with the athlete and provide pertinent medical care until EMS arrives
9. A designated staff member will meet EMS according to location and direct them to the injured athlete.
10. When the athlete is being transported he/she must be accompanied by a parent or designated coach.

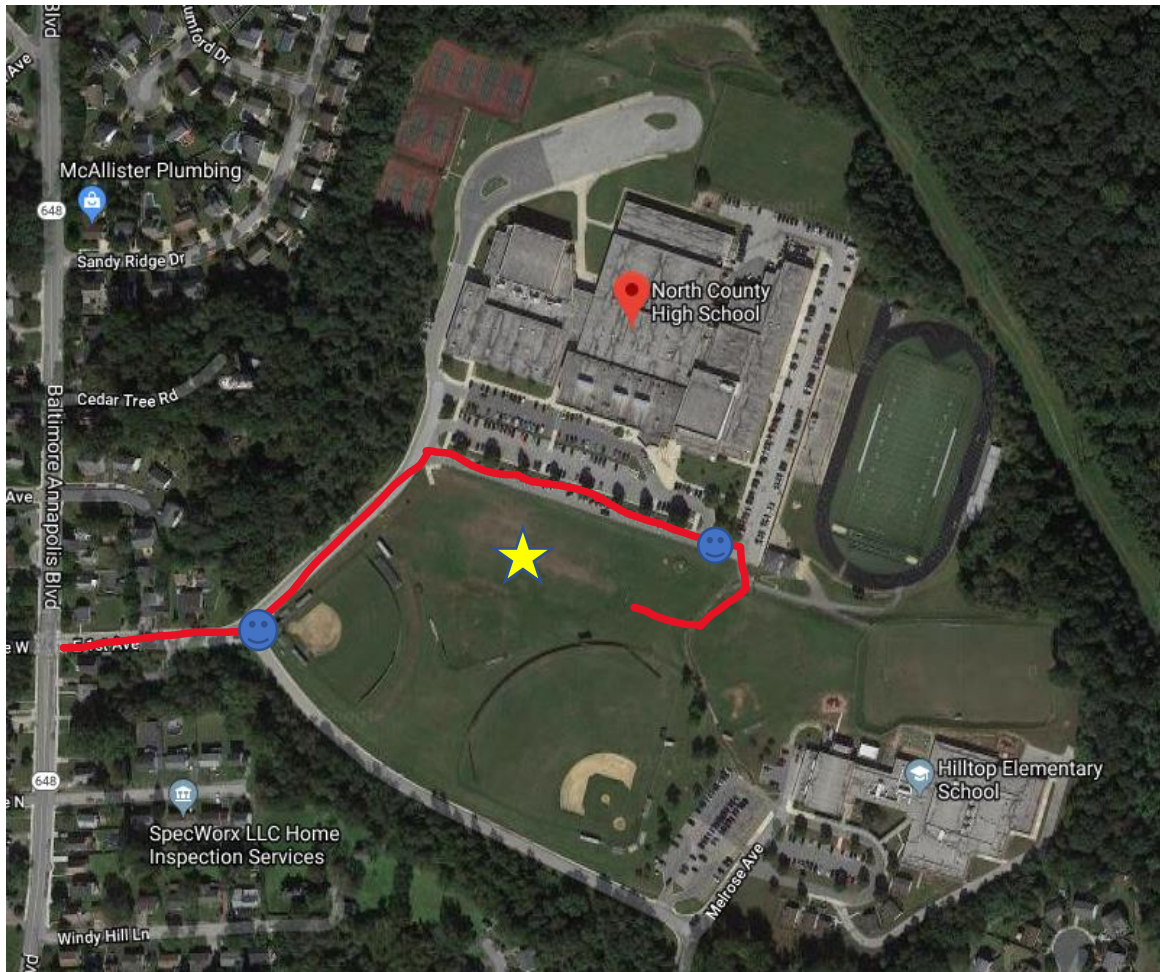
### **Directions and Ambulance Access Point**

#### **Upper New Turf Field**

- The ambulance will turn onto 1<sup>st</sup> Ave and take the first right turn before entering the main parking lot. One designated staff member will be at the previously described turn to guide the ambulance down to the field. Once construction is finished and there is a new service road, then the ambulance will be directed there.

**AED Location:** In the outside athletic training office, or with the athletic trainer.

## Upper New Turf Field



= Designated person meeting the ambulance